

Agency Description

Summit offers a crafted progressive model of education, training and therapeutic interventions through a behaviorally oriented clinical approach to assist participants towards independence and success, in any situation or environment. Services are individually crafted based on the unique needs of the participant. Those who participate in Summit services, are able to benefit from our wrap-around services or select individual services that they find beneficial for their life goals. Participants can benefit through:

- **Parent Group Training**
- **Behavior Intervention Services**
- **Individual & Group Therapies**
- **Adaptive Skills Training**
- **Behavioral Consultation**
- **Supportive Living Services**
- **Community Integration Training**

Agency Experience

Summit's core management has experience based upon years of providing therapeutic behavioral services to individuals of all ages with Developmental Disabilities and Mental Health Disorders in a variety of natural settings. As a collective, we have had the privilege of serving the most unique and challenging of situations, and have not only helped to stabilize lives, but have learn ourselves the core of value of giving a helping hand to those in need. We have a mission to give aide and support to those who seek and lift up those who struggle to find their footing.

Contact Information

For more information on how Summit can help you...

Summit Therapeutic Services

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Summit Therapeutic Services



**"Tell me and I forget.
Teach me and I remember.
Involve me and I learn."**

-Benjamin Franklin

Summit Core Philosophy

STS is an agency that focuses its core philosophy around the idea that for an individual to be successful, the complete body of support around them must be built and stable. STS focuses individuals on understanding the core values of:

- **Clients Rights**
- **Individualization**
- **Community Integration**
- **Family Involvement**
- **Interdisciplinary Team Involvement**

Through offering an individual creative, clinically oriented and positive experiences, they work to develop the positive support system around them. STS strives to help participants with:

- **Building and strengthening a sense of social/community belonging**
- **Offering positive and useful life opportunities**
- **Independence through a system of learning: Demonstrate, Teach, Guide and Support**

STS has a core value that positive supports, positive role-models and positive experiences will generate positive lives.

Summit Clinical Approach



Summit Theoretical Model

The core theoretical philosophy comes from Cognitive Behavioral Therapy and Solution Focused Therapy models: Inclusive, Experiential and Exposure Treatment approaches. STS services occur in the natural environment: in-home and community locations with personalized treatment plans that coordinate with other therapeutic supports and focus on the principle of generalization of functional life skills towards positive life opportunities. Specialties include the treatment of:

- **Developmental Disabilities:** Intellectual Disabilities, Autism Spectrum Disorders, CP, Seizure Disorder and the 5th Category
- **Mental Health Diagnoses:** ODD, ADHD, Anxiety Disorders, Mood Disorders, Explosive Disorders, Psychotic Disorders and Personality Disorders.

Functional Analysis Assessment:

Interviews, observations in natural environments, therapeutic interactions and review of data/previous reports.

Behavior Support Plan:

Professional document to formulate a behaviorally centered plan based upon the assessment process, including goals and recommendations.

Team Planning: Consultation in the coordinated effort to implement the Behavior Support Plan with the entire support team: explanation of the plan, problem-solving and trouble shooting.

Employment Opportunities

Summit is actively seeking individuals at all levels of experience, education and status of life who desire to make a positive impact in the lives of its participants. We are looking for:

Paraprofessionals, Interns, Managers, Licensed Professionals and positive people who can join our team and mission!!